

*The following prayers are suggested to help you pray
before the service*

*Hear these commandments which God has given
to his people:*

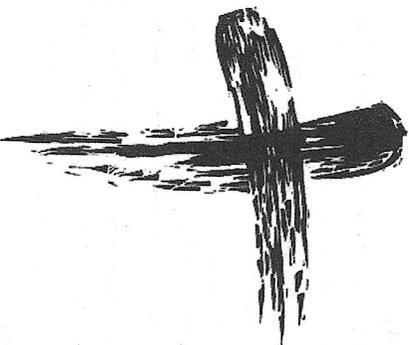
*I am the Lord your God:
you shall have no other gods but me.
You shall not make for yourself any idol.
You shall not dishonour the name
of the Lord your God.
Remember the Sabbath and keep it holy.
Honour your father and mother.
You shall not commit murder.
You shall not commit adultery.
You shall not steal.
You shall not be a false witness.
You shall not covet anything
which belongs to your neighbour.*

*In the wilderness we find your grace;
you love us with an everlasting love.
Lord, have mercy.*

*There is none but you to uphold our cause;
our sin cries out and our guilt is great.
Christ, have mercy.*

*Heal us, O Lord, and we shall be healed;
restore us and we shall know your joy.
Lord, have mercy.*

The Church of St Mary & St Andrew,
Whittlesford



**Parish Eucharist
in Lent**

Please return this booklet at the end of the service

*A warm welcome to the Church of St Mary & St Andrew,
Whittlesford.*

*You may find it helpful to spend a short time in prayer before
the service starts and there are some suggested prayers on
the back of this booklet.*

The meaning of Lent

*Since early days Christians have observed the time of our Lord's
passion and resurrection. It became the custom of the Church to
prepare for this by a season of penitence and fasting.*

*At first the season of Lent was observed by those who were
preparing for Baptism at Easter and by those who were to be
restored to the Church's fellowship from which they had been
separated through sin. In the course of time the Church came to
recognise that, by a careful keeping of these days, all Christians
might take to heart the call to repentance and the assurance of
forgiveness proclaimed in the gospel, and so grow in faith and in
devotion to our Lord.*

*Churches are kept bare of flowers and decoration. The Gloria is
not used. The fourth Sunday of Lent was allowed as a day of relief
from the rigour of Lent, and the Feast of the Annunciation almost
always falls in Lent; these intervals are the background to the
modern observance of Mothering Sunday on the fourth Sunday.*

*As Holy Week approaches, the atmosphere of the season darkens;
the readings begin to anticipate the story of Christ's suffering and
death, and the reading of the Passion Narrative gave to the fifth
Sunday its name of Passion Sunday. Let us, therefore, observe a
holy Lent, by self-examination and repentance; by prayer, fasting,
and self-denial; and by reading and meditating on God's holy
word.*

All Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work
to your praise and glory. Amen.

THE DISMISSAL

FINAL HYMN

THE BLESSING

Please stand

All Christ give you grace to grow in holiness,
to deny yourselves, take up your cross,
and follow him;
and the blessing of God almighty,
the Father, the Son and the Holy Spirit
be among you and remain with you always.
Amen.

All Go in peace to love and serve the Lord.
In the name of Christ. Amen.

*You are warmly invited to stay for refreshments after the
service in the Church Room.*

BREAKING OF THE BREAD

Every time we eat this bread
and drink this cup,

**All we proclaim the Lord's death
until he comes.**

AGNUS DEI

**All Jesus lamb of God have mercy on us
Jesus bearer of our sins have mercy on us.
Jesus redeemer of the world give us your peace**

GIVING OF COMMUNION

Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

*All who are accustomed to receive communion in their own
church are welcome to come forward to the altar to receive
the bread and wine.
If you would prefer to receive a blessing instead, then come
forward holding this service booklet.*

PRAYER AFTER COMMUNION

A post-communion prayer is said and all respond
All Amen

12

Please stand

OPENING HYMN

THE GATHERING

In the name of the Father, and of the Son,
and of the Holy Spirit.

All Amen

Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you all.
All And also with you.

Welcome and introduction

PRAYER OF PREPARATION

**All Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

1

EXHORTATION

Brothers and sisters in Christ,
as we gather at the Lord's table we must recall the
promises and warnings given to us in the Scriptures.
Let us therefore examine ourselves and repent of
our sins. Let us give thanks to God for his
redemption of the world through his Son Jesus
Christ, and as we remember Christ's death for us,
and receive this pledge of his love, let us resolve to
serve him in holiness and righteousness
all the days of our life.

PRAYERS OF PENITENCE

Please sit or kneel to pray

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence
and faith.

All

Lord God,
we have sinned against you;
we have done evil in your sight.
We are sorry and repent.
Have mercy on us according to your love.
Wash away our wrongdoing
and cleanse us from our sin.
Renew a right spirit within us
and restore us to the joy of your salvation,
through Jesus Christ our Lord. Amen.

2

Do not weigh our merits, but pardon our offences,
and fill us all who share in this holy communion
with your grace and heavenly blessing:

through Jesus Christ our Lord,
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All

Amen.

A short silence is kept.

THE LORD'S PRAYER

Please sit or kneel

As our Saviour taught us, so we pray

All

Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation,
but deliver us from evil.
For the kingdom,
the power and the glory are yours.
Now and for ever.
Amen.

11

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

All
Great is the mystery of faith:
Christ has died:
Christ is risen:
Christ will come again.

Therefore, Lord and heavenly Father,
in remembrance of the precious death and passion,
the mighty resurrection and glorious ascension
of your dear Son Jesus Christ,
we offer you through him this our sacrifice of
praise and thanksgiving.

Grant that by his merits and death,
and through faith in his blood,
we and all your Church
may receive forgiveness of our sins
and all other benefits of his passion.
Although we are unworthy,
through our manifold sins,
to offer you any sacrifice,
yet we pray that you will accept this
the duty and service that we owe.

We sing the Kyries

All Lord have mercy, Lord have mercy,
Lord have mercy.

Christ have mercy, Christ have mercy,
Christ have mercy.

Lord have mercy, Lord have mercy,
Lord have mercy.

The Lord enrich you with his grace,
and nourish you with his blessing:
the Lord defend you in trouble
and keep you from all evil;
the Lord accept your prayers,
and absolve you from your offences,
for the sake of Jesus Christ, our Saviour.
All Amen.

THE COLLECT

Let us pray

The collect is said and all respond

All Amen.

THE LITURGY OF THE WORD

Please sit for the readings

READINGS

At the end of each the reader says:

This is the word of the Lord.

All Thanks be to God

Please stand

GRADUAL HYMN

GOSPEL READING

Please remain standing

Praise to you, O Christ, King of eternal glory.

The Lord is a great God,

O that today you would listen to his voice.

Harden not your hearts.

All Praise to you, O Christ, King of eternal glory.

When the Gospel is announced the reader says

Hear the Gospel of our Lord Jesus Christ

according to N.

All Glory to you, O Lord.

At the end the reader says

This is the Gospel of the Lord.

All Praise to you, O Christ.

SERMON

4

Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

All glory be to you, our heavenly Father,
who, in your tender mercy,
gave your only Son our Saviour Jesus Christ
to suffer death upon the cross for our redemption;
who made there by his one oblation of himself
once offered, a full, perfect and sufficient sacrifice,
oblation and satisfaction
for the sins of the whole world;
he instituted, and in his holy gospel
commanded us to continue,
a perpetual memory of his precious death
until he comes again.

Hear us, merciful Father, we humbly pray,
and grant that, by the power of your Holy Spirit,
we receiving these gifts of your creation,
this bread and this wine, according to your Son
our Saviour Jesus Christ's holy institution,
in remembrance of his death and passion,
may be partakers of his
most blessed body and blood;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

9

Please stand

THE EUCHARISTIC PRAYER

The Lord is here

All his Spirit is with us.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

It is indeed right,

it is our duty and our joy,

at all times and in all places

to give you thanks and praise,

holy Father, heavenly King,

almighty and eternal God,

through Jesus Christ our Lord.

And now we give you thanks

because you give us the spirit of discipline,

that we may triumph over evil and grow in grace,

as we prepare to celebrate the paschal mystery

with mind and heart renewed.

Therefore with angels and archangels,

and with all the company of heaven,

we proclaim your great and glorious name,

for ever praising you and singing:

All

Holy, holy, holy Lord,

God of power and might.

Heaven and earth are full of your glory,

Hosanna in the highest.

8

A short silence is kept

THE CREED

Let us stand to affirm our faith.

All

We believe in one God,

the Father, the Almighty,

maker of heaven and earth,

of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God,

eternally begotten of the Father,

God from God, Light from Light,

true God from true God,

begotten, not made,

of one Being with the Father;

through him all things were made.

For us and for our salvation

he came down from heaven,

was incarnate from the Holy Spirit

and the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory

to judge the living and the dead,

and his kingdom will have no end.

5

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF INTERCESSION

Please sit or kneel

At the end of each prayer a response may be used

All Lord, in your mercy
Hear our prayer

or

All Lord, hear us
Lord, graciously hear us

And at the end

Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.

6

THE LITURGY OF THE SACRAMENT

THE PEACE

Please stand

Since we are justified by faith,
we have peace with God
through our Lord Jesus Christ,
who has given us access to his grace.

All The peace of the Lord be always with you
And also with you.

Let us offer one another a sign of peace

All may exchange a sign of peace

PREPARATION OF THE TABLE

OFFERTORY HYMN

During the hymn a collection will be taken

Gifts of bread and wine and our offerings are brought to the altar

Look upon us in mercy not in judgement;
draw us from hatred to love;
make the frailty of our praise
a dwelling place for your glory.
All Amen.

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